Help us make a significant difference in the lives of millions of Canadians who suffer from spine-related problems.

The Canadian Spine Research & Education Fund (CSREF) is a Canadian charitable organization solely devoted to raising money for spine-related issues in Canada. Its Board of Directors includes prominent spine specialists. The Canadian Spine Research & Education Fund's purpose is to raise funds to sustain research that will directly benefit the quality of life for Canadians, both children and adults, suffering from a variety of spinal disorders including tumours, infections, deformities, trauma and degenerative conditions. Canada is fortunate to have many nationally and internationally recognized experts actively involved in research in these areas. While there is no shortage of expertise, there is a continuing lack of adequate financial support.

The Canadian Spine Society (CSS) is a collaborative body of Canadian neurosurgical and orthopaedic spine surgeons and other spine care professionals with a primary interest in advancing excellence in spine patient care, research and education. The CSS serves as the umbrella group for the leading spine-related organizations across Canada and maintains strong partnerships with The Rick Hansen Institute and major Canadian universities.

TOGETHER
The CSREF and the CSS promote superior patient-focused spine treatment in Canada. Their goal is readily available patient education and rapid access to world-class spine care for every Canadian.

Canadian Spine Research & Education Fund (CSREF)
PO Box #1065  Markdale ON  N0C 1H0
Email: csref@spinecanada.ca
Tel: (519) 986-1459
Fax: (519) 986-2656

www.spinecanada.ca

Patient Education Website
If you, or someone you know, is suffering from back pain, please visit our Back Care website at:

BackCareCanada.ca

Dr. Edward P. Abraham
Chair, Canadian Spine Research & Education Fund

WHO ARE WE?

BackCare Canada
backcarecanada.ca

CANADIAN CSS Spine Society
WHAT ARE WE DOING?

Research
One of the biggest challenges to advancing spine research is the need for more coordinated multi-centered studies. This is being addressed through the development of the Canadian Spine Society’s registry of spine surgery patients (created in conjunction with The Rick Hansen Institute). National spine registries are expensive and demand continued professional collaboration. Canada is one of very few countries that have established a national spine registry and the CSREF is committed to provide and maintain its funding.

Patient Care
An important opportunity exists for the reduction of patient wait times and the associated costs to the Canadian Health Care System with the implementation of a Canada-wide standard for managing back pain. The CSS is at the forefront of efforts to improve back care in primary practice and streamline the referral process to spine specialists.

Education
The CSREF financially supports the Canadian Spine Society’s patient education website—BackCareCanada.ca—which is constantly working to improve awareness of good spine hygiene. Bad backs remain a significant burden on Canadian health care, the Canadian economy and a major disability for many Canadian people.

According to Statistics Canada, four out of five adults will experience at least one episode of back pain at some point in their lives.¹

HOW CAN YOU HELP?

Donate Online
Please visit www.spinecanada.ca and click on the CanadaHelps.org logo.

Donate By Mail
Use the form provided in this brochure and mail your donation to the office of the CSREF:

Canadian Spine Research & Education Fund
10 Armstrong Crescent PO Box #1065 Markdale ON N0C 1H0

Cheques should be made payable to the Canadian Spine Research & Education Fund

Contact the CSREF Office
The Chair, all Executive Board and CSREF staff members can be reached through the CSREF office.

The CSREF would be pleased to speak with you about your donation - please contact us today:
Email: csref@spinecanada.ca
Phone: (519) 986-1459 Fax: (519) 986-2656

Legal Information
Legal Name: Canadian Spine Research & Education Fund
Charitable Registration #: 826841223 RR0001

¹ http://theenglishosteopaths.com/what-we-offer/treatments/for-back-pain