19th Annual Scientific Conference of the Canadian Spine Society

Wednesday February 27 to Saturday March 2, 2019

COURSE OBJECTIVES

The Annual Scientific Conference of the Canadian Spine Society (CSS) is a yearly review of the state of spine care in Canada providing a uniquely Canadian perspective on the treatment of spinal problems. Held jointly with the Canadian Paediatric Spine Society (CPSS) the meeting encompasses both adult and paediatric issues. Attendees will discuss and debate current concepts in both the surgical and non-operative management of a wide range of spinal pathologies. This year the conference highlights means to achieve optimal patient care both before and after surgery: “prehabilitation” as well as rehabilitation. It examines the highly relevant subject of civility and professionalism in an increasingly confrontational society. The program takes a broad look at the contemporary pressures driving spine care from the impact of wait times to the influence of the latest technological advances. Topics encompass everything from breakthroughs in basic science to surgical manpower requirements. This meeting offers participants in the Canadian Spine Outcomes and Research Network (CSORN) a chance to come together and review ongoing research while exchanging ideas for future projects. This Annual Scientific Conference with its CME approved mix of didactic lectures, interactive symposia, hands-on product demonstrations and professional interaction is the most important spine meeting in Canada.

The Canadian Spine Society is a collaborative organization of spine surgeons and healthcare professionals with a primary interest in advancing excellence in spine patient care, research and education.

Fairmont Royal York 100 Front Street West Toronto Ontario M5J 1E3 Canada

Conference registration OPEN from December 1, 2018 to February 5, 2019
REGISTRATION DEADLINE February 5, 2019
**PRESENTERS**

**SPEAKER READY AREA**

Open daily (except Saturday) for all presenters to download presentations prior to day of presentation. **NOTE:** This is mandatory for all presenters (abstract & symposia presentations).

**LOCATION Ballroom Foyer** by CSS Registration area

**OPEN DESK with LAPTOP – OPEN DAILY**

- **0700 - 2100** Wednesday
- **0600 - 2100** Thursday
- **0600 - 2100** Friday
- **CLOSED** Saturday

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**EDUCATIONAL SESSIONS**

All sessions will be presented in English. All abstracts accepted for presentation will be available for downloading after February 9, 2019 at [www.spinecanada.ca](http://www.spinecanada.ca). Neither abstract books nor program USBs will be provided on-site.

**DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST**

In keeping with accreditation guidelines, speakers participating in this event have been asked to disclose to the audience any conflicts of interest that may potentially influence the presentation of the educational material. Disclosure will be done using a slide prior to the speaker’s presentation.
**Wednesday February 27**

0700 - 1200  CSORN Principal Investigator Meeting  
**LOCATION Salon A**  
CSORN AGENDA  
0630 - 0700  Breakfast  
1000 - 1015  Coffee Break  
1145 - 1245  Lunch

0700 - 1600  **Canadian Paediatric Spine Society**  
– Full Day Session  
**LOCATION Salon B**

**CPSS AGENDA**

0700 - 0745  Registration & Light Breakfast  
**LOCATION Ballroom Foyer**

0745 - 0755  Introduction & Welcome  
Dr. Reinhard Zeller

0755 - 0945  CPSS Morning Session  
- Cross Canada Review  
- Roundtable on Neuromonitoring  
- CPSS Award Updates  
- CPSS Project Updates & Requests for Participation in Pan-Canadian Projects

0945 - 1000  Coffee Break  
**LOCATION Ballroom Foyer**

1000 - 1200  CPSS Selected Podium Presentations #A-L  
**GUEST SPEAKERS** Dr. Michelle Theam / Dr. Samuel Strantzas / Janet Ahier RN(EC), MN, NP – Paediatrics, ONC, Orthopaedics

1200 - 1210  Group Photo

1210 - 1300  Lunch  
**LOCATION Ballroom Foyer**

1300 - 1400  CSS Selected Podium Presentations #1-6

1400 - 1415  Coffee Break  
**LOCATION Ballroom Foyer**

1415 - 1515  CSS Selected Podium Presentations #7-12: DEFORMITY

1515 - 1530  Open Microphone for Paediatric Spine Care in Canada

1530 - 1545  Closing Remarks & Future Directions

1545 - 1600  CPSS Executive Meeting

1630 - 1830  CSS Executive Meeting  
Board Members & Past Presidents Only  
**LOCATION Manitoba Room**

1830 - 2100  Opening Welcome Reception, Exhibits & Registration  
**LOCATION Ballroom / Foyer**

**Thursday February 28**

0615 - 0745  Coffee Break & Light Breakfast  
**LOCATION Ballroom Foyer**

0630 - 1800  Poster Gallery Open – Posters #1-24  
**LOCATION Concert Hall**

0630 - 0810  Podium Presentations #13-24  
**LOCATION Concert Hall**

0810 - 0830  Coffee Break & Exhibits  
**LOCATION Ballroom**

0830 - 1010  Podium Presentations #25-36  
**LOCATION Concert Hall**

1010 - 1100  Breakfast & Exhibits  
**LOCATION Ballroom**

1100 - 1230  **CPSS SYMPOSIUM**  
**Learning Objectives**  
After this symposium the attendee will be able to:  
- Understand the current classification system for EOS.  
- Understand the natural history of EOS.  
- Understand current management strategies for EOS.  
**MODERATOR** Dr. Fábio Ferri-de-Barros MD, MSc, FRCSC  
**PANEL** Dr. Kyle Stampe / Dr. David Lebel / Dr. Ron-El-Hawar

1245 - 1500  Case Presentations for Residents / Fellows / Allied Health Professionals with Lunch  
**LOCATION Salon B**

1500 - 1600  CSORN Coordinator Session – Eden Richardson  
**LOCATION Salon A**

1600 - 1700  CSORN General Meeting – Greg McIntosh  
**LOCATION Salon A**

1700 - 1730  CSORN Steering Committee Meeting

1800 - 1900  **Wine Tasting & Cocktails with Exhibits**  
Tickets required to participate in Wine Tasting; everyone welcome to attend for cocktails  
**LOCATION Ballroom / Foyer**

1900 - 2100  **Presidential Banquet & Speeches**  
**LOCATION Concert Hall**

2100 - 2230  **CSREF Nearly Surgical Skills Fundraising Event**  
**LOCATION Concert Hall**
**Friday March 1**

- **0615 - 0745** Coffee Break & Light Breakfast  
  **LOCATION** Ballroom Foyer
- **0630 - 1800** Poster Gallery Open – Posters #1-24  
  **LOCATION** Concert Hall
- **0630 - 0810** Podium Presentations #37-48  
  **LOCATION** Concert Hall
- **0810 - 0830** Coffee Break & Exhibits  
  **LOCATION** Ballroom
- **0830 - 1010** Podium Presentations #49-60  
  **LOCATION** Concert Hall
- **1010 - 1100** Breakfast & Exhibits  
  **LOCATION** Ballroom
- **1100 - 1230** CSS SYMPOSIUM  
  **Enhanced Recovery After Surgery (ERAS)**  
  **LEARNING OBJECTIVES**
  After this symposium the attendee will be able to:
  - Describe techniques for preoperative patient optimization.
  - Outline approaches described in the Northwestern and Virginia Mason ERAS protocols.
  - Propose practical improvements to existing pre and post-operative practices.  
  **MODERATOR** Dr. John Street  
  **PANEL** Dr. Sean Christie / additional speakers TBA  
  **LOCATION** Concert Hall
- **1230 - 1330** CSREF Annual General Meeting  
  Board Members Only  
  **LOCATION** Algonquin
- **1245 - 1500** Case Presentations for Residents / Fellows / Allied Health Professionals with Lunch  
  **LOCATION** Salon A
- **1515 - 1600** CSS Annual General Meeting  
  **LOCATION** Concert Hall
- **1600 - 1650** Afternoon Spine #61-66  
  **LOCATION** Concert Hall
- **1650 - 1800** Cocktails, Hor D’oeuvres & Exhibits  
  **LOCATION** Ballroom & Foyer

**Saturday March 2**

- **0615 - 0745** Coffee & Light Breakfast  
  **LOCATION** Ballroom Foyer
- **0630 - 1200** Poster Gallery Open – Posters #1-24  
  **LOCATION** Concert Hall
- **0630 - 0810** Podium Presentations #67-78  
  **LOCATION** Concert Hall
- **0810 - 0830** Coffee Break & Exhibits  
  **LOCATION** Ballroom
- **0830 - 1010** Podium Presentations #79-90  
  **LOCATION** Concert Hall
- **1010 - 1100** Breakfast & Exhibits  
  **LOCATION** Ballroom
- **1100 - 1115** Award Presentations  
  **AWARD 1**  
  The Debbie Scarlett Award for Best Overall Paper  
  – Cash Prize $1,000  
  **AWARD 2**  
  The Fellow’s Best Paper Award  
  – Cash Prize $500  
  **AWARD 3**  
  The Resident’s Best Paper Award  
  – Cash Prize $500  
  **LOCATION** Concert Hall
- **1115 - 1245** CSS SYMPOSIUM  
  **Professionalism and Civility in Medicine**  
  **LEARNING OBJECTIVES**
  After this symposium the attendee will be able to:
  - Define and discuss the concepts of professionalism and civility in surgical practice.
  - Discuss the impact of incivility and the positive impact of civility in the workplace.
  - Develop a strategy for nurturing professionalism amongst trainees and colleagues.  
  **MODERATOR** Dr. Neil Berrington  
  **PANEL** TBA  
  **LOCATION** Concert Hall
- **1245** Adjournment  
  **LOCATION** Concert Hall

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**Poster Gallery**  |  OPEN Daily throughout Conference  |  Posters #1-24  |  **LOCATION** Concert Hall

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REGISTRATION DEADLINE February 5, 2019
CONFERENCE INFORMATION

ACCOMMODATION

Hotel reservations must be made by the deadline of January 25, 2019. Registrants and presenters are responsible for making their own arrangements.

Fairmont Royal York

Toll Free Reservations  1 (866) 540-4489

Group Code for Special Room Rates *0219CANA_001 or quote the group name Canadian Spine Society

ONLINE RESERVATION LINK – www.spinecanada.ca

A limited number of rooms will be held until January 25, 2019. After that date any remaining rooms in our block will be released. Be sure to reserve early to avoid disappointment.

DRESS

Dress code is business casual for the duration of the Conference, except for the Friday evening Presidential Banquet, which is semi-formal.

ACCREDITATION / STUDY CREDITS

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada, approved by The Canadian Orthopaedic Association.

REFUND POLICY

A registration refund will be made upon written request on or prior to February 5, 2019; an administration fee of $35 will be retained. Any refunds granted after February 5, 2019 will incur an administrative fee of $75.

GENERAL INQUIRIES & EXHIBITOR INFORMATION

For general inquiries about the Conference or to obtain Exhibitor information, please contact:

Jennifer Edwards
Director of Operations, Conference Coordinator,
Canadian Spine Society
Telephone (519) 986-1459
Email css@spinecanada.ca

REGISTRATION INQUIRIES

For all inquiries regarding Registration for the Conference, please contact:

Carey Meyers
Registrar, Canadian Spine Society
Telephone (519) 986-1459
Email registration@spinecanada.ca

FUTURE CSS CONFERENCES

2020 February 26 to 29
Fairmont Chateau Whistler, Whistler, BC, Canada

2021 February 24 to 27
Fairmont le Château Frontenac, Québec, QC, Canada

2022 February 23 to 26
Fairmont Banff Springs, Banff, AB, Canada

SAVE THE DATE

2019 September 4 to 7
2nd CANZ
CANADA, AUSTRALIA AND NEW ZEALAND
Combined Spine Society Meeting 2019
Queenstown, New Zealand

Registration opens June 2018
Visit the NZOA website for details: nzoa.org.nz/events
CONFERENCE REGISTRATION

All attendees must register online

Conference registration will be OPEN from December 1, 2018 to February 5, 2019

ONLINE REGISTRATION LINK – www.spinecanada.ca

REGISTRATION FEES

$950  Non Members (surgeons, allied health professionals)

$725  CSS Members
    Senior CSS Members
    Canadian Paediatric Spine Society (CPSS) Members

$625  Nurses, Researchers, Administration, Clerical

$525  Fellows & Residents
    Medical Students

$250  Single Day Rate for CPSS Session on February 27

Prices shown do not include tax; HST will be applied at a rate of 13% (HST# 832531073 RT0001)

MEMBERSHIP

If you are not currently a member of the Canadian Spine Society and would like to apply for membership please contact Jennifer Edwards at the CSS office – css@spinecanada.ca

REGISTRATION FEE INCLUDES – FOR REGISTRANTS ONLY

Breakfasts, coffee breaks, CPSS session, symposia and scientific presentations, Opening Reception, Presidential Banquet

ADDITIONAL FEES

Wine Tasting Event – $40 per person
Guest Tickets for Presidential Banquet – $120 per guest

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LATE REGISTRATION POLICY

A late registration fee of $75 will be applied to all registrations after February 5, 2019.